

# Main camping essentials

- A tent, tent pegs and mallet (always take spares)
- O Sleeping bag
- O Sleeping mat or air bed
- O Air pump
- O Torch and batteries
- O Camping table and chairs
- O Duct tape and a repair kit

### Hygiene and medical

- O Toilet roll
- O Towels
- O Wet wipes
- O Sun cream and after sun
- O Insect repellent
- O A first aid kit

(including painkillers and prescription medication)

O Hand wash and shower gel

# Cooking gear

- O Camping stove
- O Camping stove fuel
- O Matches
- O Tin opener
- O Bottle opener
- O Water bottle
- O Plates
- O Cutlery
- O Pots and pans
- O Cooking utensils
- O Cooking oil
- O Scissors
- O A cool box
- O Washing up items
- O Bin bags
- O Food
- O Drink

# Clothing

- O Walking boots
  (and flip flops for the beach)
- O Waterproof jacket
- O A laundry bag
- O Warm pyjamas
- O Lots of socks

### Camping with a dog

- O A travel bowl
- O A dog bed
- O Dog toys
- O Some doggy ID

#### Extra items

O Entertainment

(we'd recommend a pack of cards, board game and books)

- O Dustpan and brush
- O Booking details
- O Local guides